

The background features a network of dark teal nodes connected by thin lines, overlaid on a teal gradient. A solid red vertical bar is positioned in the top right corner. The main title is centered in white text.

Connections for a Diabetes-free SC “Community Connections”

IMPROVING HEALTH OUTCOMES THROUGH COLLABORATION

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Introduction



Welcome!



- Importance of collaboration
in combating diabetes

Community Connections

▶ Integration for Effective Diabetes Management:

- ▶ Our healthcare system and community programs must unite to tackle diabetes effectively.
- ▶ By integrating community resources and healthcare services, we can create a robust support network for patients.

▶ Partnerships:

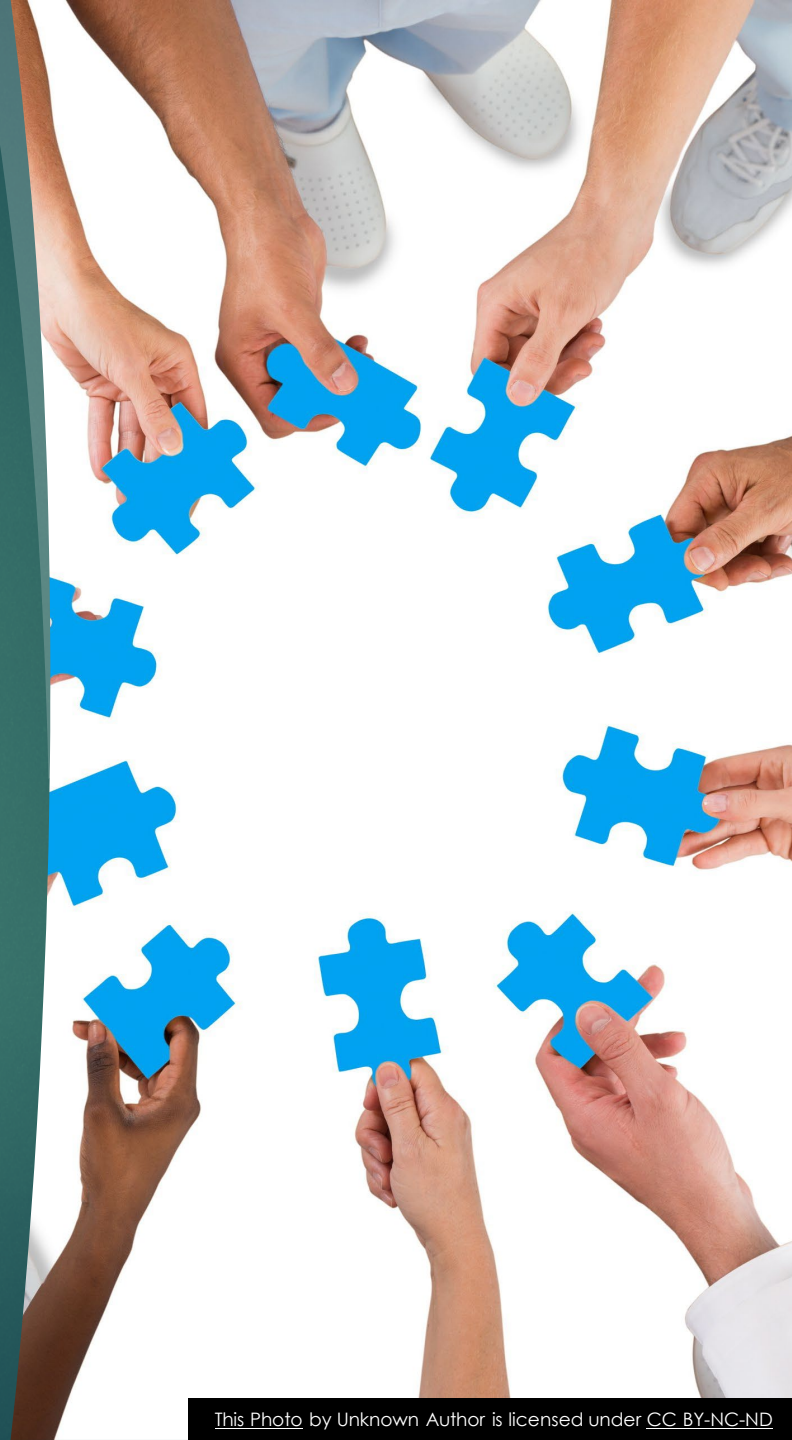
- ▶ Partnerships with local community centers, schools, and faith-based organizations can help deliver consistent health education and support.

- ▶ These partnerships reach individuals where they live and work. Community Linkage:

- ▶ Facilitates access to nutritious food, physical activity opportunities, and social support.

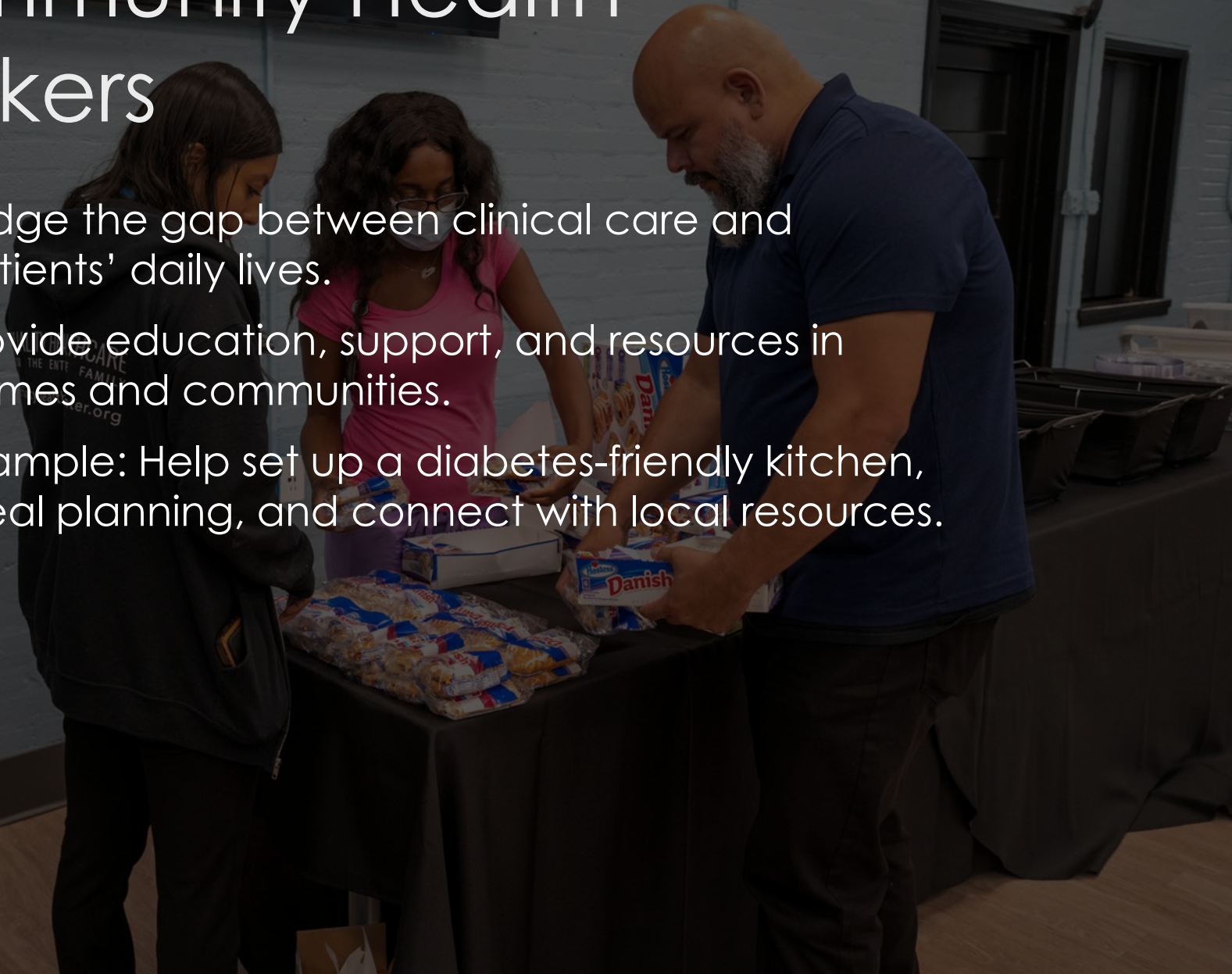
Multidisciplinary Care Teams

- ▶ Patients with multiple health needs see multiple specialists in one appointment.
- ▶ A diabetic patient sees an PCP and Dentist together.
- ▶ SW, CHW, and BH on stan-by
- ▶ Benefits: Comprehensive care, better health outcomes, and efficiency.



Community Health Workers

- ▶ Bridge the gap between clinical care and patients' daily lives.
- ▶ Provide education, support, and resources in homes and communities.
- ▶ Example: Help set up a diabetes-friendly kitchen, meal planning, and connect with local resources.



Addressing Barriers



Tackle issues like lack of access to healthcare, limited health literacy, language barrier, and socioeconomic factors.



Advocate for affordable healthcare, provide community programs, and Patient Assistance Programs.



Access to, one-stop shop, Understanding your resources, access to the resources, knowing that you are not alone in this

Preventive Care

Early intervention for those at risk of chronic diseases.



Educators and Community Health Workers provide guidance on healthy living.



Regular screenings and education on healthy eating and physical activity.

Public Health Initiatives

Community-Wide Programs



Collaboration with local resources can create effective public health initiatives.



- Community-wide programs (walking trails, farmers' markets, exercise classes) Health professionals can offer guidance on managing and preventing diabetes.



- Public health campaigns and education. Faith leaders can incorporate health messages into their sermons, encouraging proactive health steps.

Impact of Public Health Campaigns

- ▶ Collaboration with local school districts, health departments, shelters, colleges, and law enforcement agencies help to develop and implement successful public health campaigns.
- ▶ Initiatives include creating walking trails, Expanding access through organizational expansion, promoting satellite and school-based sites.
- ▶ Promoting healthy eating habits by food share programs such as Veggie Rx FoodShare Program
 - ▶ 162 patients In 2024
 - ▶ 1,186 FoodShare boxes
 - ▶ Reduction in A1c for patients that graduated from the program after 6months



Clinical and Community Initiatives



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MULTIDISCIPLINARY
CARE TEAMS



- PERSONALIZED
CARE PLANS



- ROLE OF
COMMUNITY
HEALTH WORKERS

Faith-Based Efforts



Faith-based organizations (churches, mosques, temples) are pillars of support in communities.



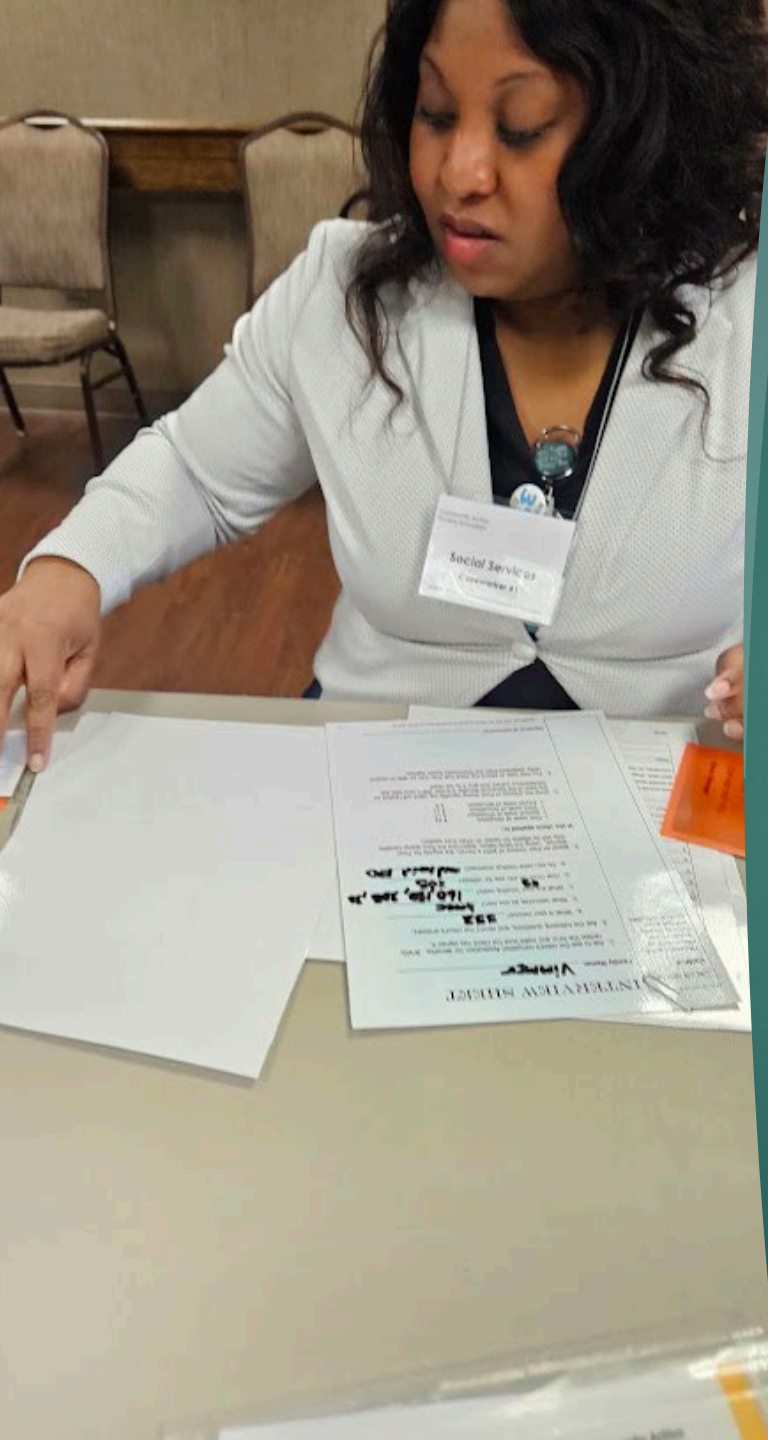
These organizations can integrate health education and diabetes prevention programs into their activities.



- Impact of faith leaders and community support



Examples include hosting health fairs, diabetes screenings, and educational workshops.



Success Story

Email received from Patient

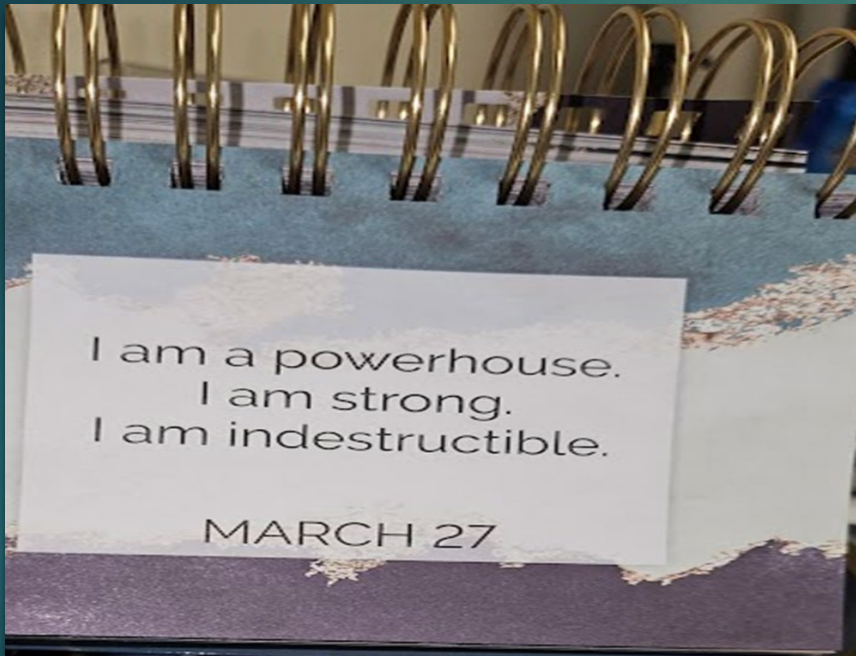
Good afternoon Dirvondra,

I just wanted to let you know that a month ago when we had that hour long conversation on foods, health, and well being, that one hour changed my life! As we had discussed, I started my new lifestyle eating and exercising on 6/20. Well as of 7/20 I'm averaging 13 miles a week, cut my sugars out & eating healthy! I weighed on 6/20 and I was 194.5 lbs, as of this morning I'm 183!! 11.5lbs gone!!

I just wanted to tell you thank you for your advice and education on my diet and taking care of my health! It was truly life changing and motivational!!

Hope you have a great day!

Conclusion



Thank You!

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